



## Mother's Day 2008

Mother's Day originated as mothers' day, a celebration of mothers' moral concerns beyond the home, especially their civic roles and services to the nation, rather than their private roles and personal services to the family.

In that tradition, for 6 years MOTHERS has used Mother's Day to bring attention to a multitude of issues that affect family caregivers. This year we're proud to present **TOP 10 MOTHER'S DAY GIFTS WE REALLY WANT**. In our society mothering is one of the least supported jobs around. Why do so many more women live in poverty than men? The answer -- motherhood.



~ MOTHER'S DAY 2008 ~

### Top 10 Mother's Day Gifts We REALLY Want

- 10 Paid Sick Leave
- 9 Paid Family Leave
- 8 Safe affordable accessible child care
- 7 Part time jobs with proportionate pay and benefits
- 6 Educational opportunities to facilitate re-entry into the paid workforce after caregiving breaks
- 5 Easy access to information about maternal health and child development
- 4 Unpaid family caregiving valued as productive work by society
- 3 A maternal voice in public policies & practices
- 2 A Mothers' Center in every community
- 1 Membership in the NAMC to make these changes happen.

MOTHERS: Changing the conversation.



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[www.MothersCenter.org](http://www.MothersCenter.org) ❖ [www.MothersOughtToHaveEqualRights.org](http://www.MothersOughtToHaveEqualRights.org) ❖ [www.MOTHERSBookBag.org](http://www.MOTHERSBookBag.org)

Is your family hinting around about what you want for Mother's Day? Hand them this list.

Are you having a conversation with your local legislators? Give them this list.

Write a letter to the editor in response to a Mother's Day article mentioning the Mother's Day tradition of celebrating activism and include the Top 10 List.

Do you want to honor a mother in your life? Share this list with her.  
E-mail this list to a friend.

Sign on to MOTHERS e-news for updates.

Help support MOTHERS.

Show solidarity with mothers around the world. One way to publicize the kinds of Mother's Day gifts mothers really could use is to join in the International Mothers' Center *Mile for Mothers* Campaign.

- Measure out a mile in a visible area of your community (sports field, school track, hiking trail or road, etc.)
- Invite mothers with children, carriages, and strollers to walk that mile ideally on Mother's Day, Sunday, May 11<sup>th</sup> or sometime that weekend at a specific time.
- Send a pre-event press release (attached).
- Make some homemade signs with your favorite items from the gift list to carry on your march.
- Bring along some handouts of the Top 10 List to distribute to observers and those who might join the march.
- Take plenty of pictures and/or video.
- Upload your videos to You Tube.
- Share your pictures and videos with MOTHERS ([mothers@motherscenter.org](mailto:mothers@motherscenter.org)).
- Plug in your local information and send the attached post-event press release to state and local media including newspapers, radio and TV. Including a few great pictures will increase the possibility of coverage.
- Send MOTHERS ([mothers@motherscenter.org](mailto:mothers@motherscenter.org)) the details of your event and any publicity you receive.



**A campaign of the National Association of Mothers' Centers, MOTHERS and  
mine – Mother Centers International Network for Empowerment**

Your participation in MOTHERS' **Top 10 Gifts & *Mile for Mothers* Campaigns** will help us reach our goals by:

- Highlighting issues that impact mothers and other family caregivers
- Raising awareness of these vital issues in this election year which has the potential to bring some sweeping change
- Keeping these issues at the center of public discussion and as priorities in public policy
- CHANGING THE CONVERSATION